

05. HORSES, A MIRROR OF OUR EMOTIONS

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Sandrine Herman, from the « L'oeil et la main » team, invites actor Damien and Aurélie, a teacher, to participate in an extraordinary experience: immersing themselves in the domain of horse coach Alexandra Bilisko in order to confront their own emotions through the contact with horses.



Horses work as a mirror to communication; the simple contact with them makes us aware of our own fears, our flaws and our relationship with others. With Alexandra guiding them in this encounter with the horses, what will Damien and Aurélie discover about themselves?

AVAILABLE FOR SCREENING: original French (commentary, sub-titles, signing)



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