







MEMORY MIRAGE (The)

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How well do you remember your family vacations from when you were young? How about your first date, or learning to ride a bike?
Do you know where you were when you heard about the 9/11 attacks or the death of Princess Diana? You are likely nodding your head..."Yes, I remember very clearly."
Chances are, you're wrong.

In "MEMORY MIRAGE", scientists explain just how much our memories can deceive us. We used to think that our experiences were recorded in our brains like a videotape which we could play back. However, we're finding that memories are more often written in water - meaning our life experiences probably didn't happen exactly how we remember them.
We can't even remember key events in our own lives. Why do two people remember the same event differently? New science is showing us how our memories are vulnerable to change over time.

It's clear that the human brain is wired to forget details. But why?

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