



## **SLOW LIFE**

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Despite all the modern technology that is supposed to help us gain precious time, we have a feeling that we never have enough time... for ourselves, for friends and family.

What if there were other ways of life where taking it slowly does not rhyme with inefficiency? Isabelle Voizeux meets many of those who have chosen to « take their time ». How do they manage to resist the frenzied rhythm of our era?

**AVAILABLE FOR VIEWING:** French sub-titled version only.



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