



## DRESS IN PANAMA

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When it's 32° in Panama, the best thing to wear in order to remain elegant in the sweltering all-year-round heat is called the Goyavera. And in the middle of Central America it is quite common to see people dressed in a 'bou-bou' as a sign of their attachment to their African origins.

More surprising probably is the success of rasta philosophy and rasta dress code, ever since the canal was built. But, did you know that the famous Panama hat is not at all from Panama and that the true Panama hat is called a Pintao?

In this episode, we discover the subtle mix of African, Hispanic, Caribbean and Indian-American influences that gave Panama its own identity



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